



Costco Pantry Staples Shopping List

Pantry Essentials:

- Kirkland extra virgin olive oil
- Canned wild Albacore tuna
- Canned wild Alaska salmon
- Sunmaid organic raisins
- Craisins
- Dried apricots
- Kirkland prunes
- Kirkland organic chicken stock
- Walnut halves
- Whole almonds
- Tru quinoa
- Basmati rice
- Gray Poupon Dijon mustard

Fresh Produce:

- Garlic
- Onions
- Lemons
- Limes
- Clementines
- Oranges
- Organic Pears
- Organic greens (spinach, mixed greens, dark greens)
- Romaine lettuce
- Organic carrots
- Organic sweet potatoes

Frozen

- Organic frozen peas
- Organic frozen corn

Grocery

- All Natural Tasty Bite Madras Lentil

Refrigerated / Deli:

- Sliced Havarti cheese
- Parmesan cheese wedge
- Hummus (big tubs and individual servings)
- String cheese
- Sliced salami

Beverages:

- Pelligrino

Snacks:

- Food Should Taste Good Multi-grain Tortilla Chips
- Roasted Seaweed
- Individual serving Tree Top applesauce

Bakery:

- Dave's Killer Bread
- Bagels